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Service Above Self

One Profits Most Who Serves Best

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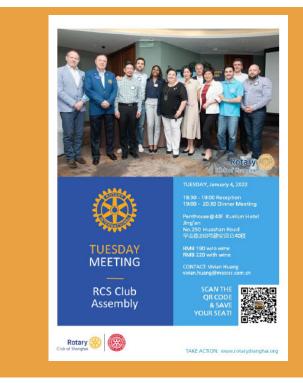
21 December - Christmas Fellowship



Coming Events

21.12 — Christmas Fellowship @Roma	7:00 - 8:30 pm
28.12 — Fellowship @TBD	6:30 - 8:30 pm
04.01 — Assembly Meeting @Kunlun	6:30 - 8:30 pm
11.01 — Speaker Meeting @Kunlun	6:30 - 8:30 pm
18.01 — Speaker Meeting @Kunlun	6:30 - 8:30 pm

04 January - Assembly Meeting



Birthday of the Month: December

14 — Peter Bromberger 26 — Ozgur Dogan Gunes

19 — Andrew Hill 31 — Natalie Koeppe

The Four-Way Test 四大考驗

Of the things we think, say, or do: 我们说的做的要符合:

- 1. Is it the truth? 是真的吗?
- 2. Is it fair to all concerned 是公平的吗?
- 3. Will it build goodwill and better friendships? 是善意并促进友谊吗?
- 4. Will it be beneficial to all concerned? 是对大家有利吗?

Officers & Directors

Rita Malvone – President

Naomy Peña – Vice President

David Smith – Secretary

Christoph Wenner – Treasurer

David Smith – President Elect

Tracy Hua – Immediate Past President

Alexander Hartmann

Carlotta Godio

Christian Kober

Terry Chu

Committees & Chairs

Club Administration Chair: David Smith Membership Committee: Terri Lau Fellowship Committee: Tracy Hua

Service Projects Committee: Alex Hartmann Youth Service Committee: Naomy Peña Rotary Foundation: Tiziana Richiardi

Gift of Life (GOL): Terri Lau Sister Clubs: Motohiro Yamane Pagoda: Carlotta Godio

Speaker Program: Christian Kober

Circle of Centennial Rotary Club: Terri Lau

Assitant Governor: Andrew Hill **Club Admin:** Vivian Huang

ROTARY CLUB OF SHANGHAI

Tuesday, December 14th, 2021

Dinner Attendance:

Total Headcount	41
Guests	19
Visiting Rotarians	02
Members	20

Happy Money: CNY16,668.47

Visiting Rotarians:

Paul van Brenkelen - RC Hong Kong South

Chibike - RC Dalian

Highlights from the last meeting

The Rotary-Meeting on 14 December 2021 was one of the most colorful, dense and diverse meetings of the year displaying a great example of how in one meeting we were able to demonstrate personal engagement, generosity, creativity (i.e. the Mini Christmas Market), remind ourselves again of our values that we stand for (The Four-Way test), welcome our new and visiting guests, enjoy a delicious dinner while having interesting conversations with new guests and fellow Rotarians, celebrate the birthday of one very active and engaged Rotarian (Andrew ...), be informed by a knowledgeable speaker (Dr. George Hu) about an important and very relevant topic (Future of Mental health in China), hear about the initiatives and activities that the Rotary Club Shanghai is engaging in on a regular basis, get inspired by an NGO representative (Benedicte Zelie-Pan) presenting the meaningful work they do (with the Shanghai Young Bakers), be surprised (again) by the enormous generosity of our most senior and long standing member (Frank Yih), honor leaving members (Franz Böhnlein), be fascinated by the interesting life and rich experience of a potential new member (Samson Popowitz), get excited to pass on our own experience and knowledge to the young generation (Career Empowerment Program), and end the meeting with filled hearts full of joy and connection.

Several Rotarians baked, created, or brought products to sell (cookies, Muffins, Limoncello, Egg Nog, bags, socks, pictures etc.) at the Rotary Mini Christmas Market. Everything was deliberately sold overprice to create even more revenue which was then fully donated to support the French NGO Shanghai Young Bakers. It was a great success, and, also, a good opportunity to connect and learn about Rotarian's hobbies and creative skills

The Rotary Event was then opened by president, Rita Malvone who invited Brent to speak the "Four Way Test" and make everyone remember what Rotary stands for. President Elect, David, was welcoming our visiting and first-time guests who were among others the Nigerian Consul and his wife.

Andrew whose birthday is in December was invited on stage and a big birthday cake was presented to him. Everyone sang Happy birthday and then it was repeated another time in German by all the German speakers in the room.

Dinner was served and everyone was engaging in interesting and connecting conversations. Before Desert was served the invited Guest Speaker Dr. George Hu spoke about the Future of Mental Health in post-COVID China. He described the challenges and opportunities by touching on the current mental health theory and delivery in China as well as the different approaches of Western vs. Chinese treatment regarding Mental health. He mentioned the challenges of importing and integrating Western psychology approach to the more holistic Chinese way of looking at the human body. It became apparent that there are not sufficient resources available to treat the amount of people in China being affected by mental health issues. Dr. Hu gave some recommendations for the mental health development from a clinical experience and answered some great questions from Rotarians. It was a very interesting and informative speech that created awareness to some of highly alarming facts.

Our president Rita then gave a brief overview of Rotary initiatives and activities so that especially new guests better understand what exactly Rotary engages in and supports.

One of the NGOs which Rotary supports is Shanghai Young Bakers (SYB) which on this evening was represented by Benedicte Zelie-Pan. She was invited to speak about SYB and gave some insights on how these young adults between 17 and 23 years are supported. The SYB students typically come from dysfunctional families of poor provinces in China. Some of them belong to underprivileged minority groups, are orphans and/or had to leave school with 11 years to support their families. Each year SYB offers 32 students a one-year French Bakery education which enables them to afterwards find a well-paid job in 5 Star hotels of Tier 1 and Tier 2 cities that allows them to support their family and fulfill their dreams.





















ROTARY CLUB OF SHANGHAI

Continuing form the previous page.

During the collection of the lucky money, we heard the bell ring four times starting with Frank Yih who was so generous to encourage everyone to follow his example by promising to double every donated lucky money amount. Moto was taking this opportunity to ring the bell as well, and, also, Franz Böhnlein rang the bell to thank the Rotary Club Shanghai for the warm community he experienced at the RCS and sadly announced that he had decided to leave Shanghai in a few days for good but would hope to come back on a temporary basis in the future occasionally. This announcement came rather unexpected for most of the Rotarians.

Next, we had our new potential member, Samson Popowitz, giving his self-introduction speech. His impressive professional Career and, also, his social engagement along the way let the members of Rotary Club Shanghai realize how fortunate they will be to onboard such a fine personality.

Finally, Elizabeth introduced the Career Empowerment Program which aims to support, empower, mentor, and consult young adults and adolescents with their professional future. Elizabeth asked everyone who was interested in becoming a mentor for the 4 January 2022 Career Empowerment Program-day to register for upcoming one-day mentor program during which each Rotary mentor would talk to 1-2 young people who will be invited to join the meeting that night.

What a rich evening with so much diversity! We successfully raised in total approximately 15,000 RMB for the Shanghai Young Bakers which was much more money than Benedicte probably expected leaving with this evening.

Written by Timan













Tiziana and her son, Matteo, dropped off the gifts for the SCMC leukemia patients. There were so many that the nurses had to come help.

As our contact with the children said: Though Santa can't be at their bedside this year, the blessings will never leave.









TAKE ACTION: www.rotaryclub.org

ROTARY CLUB OF SHANGHAI

Sweat to End Polio

On Saturday Dec. 18, we had our Sweat to End Polio event organized with the collaboration of the seven-time world champion, Michele Aboro at the boxing academy that bears her name.

18 amateurs set out to learn boxing techniques and in the process, raised a total of 3,675 RMB. This means that after the matching coming from Bill and Melinda Gates Foundation, RMB 11,025 will go towards fighting polio! Michele couldn't have been more gracious (or focused on helping us sweat!).

A big thanks to David for organizing and to all the participants who joined.



























